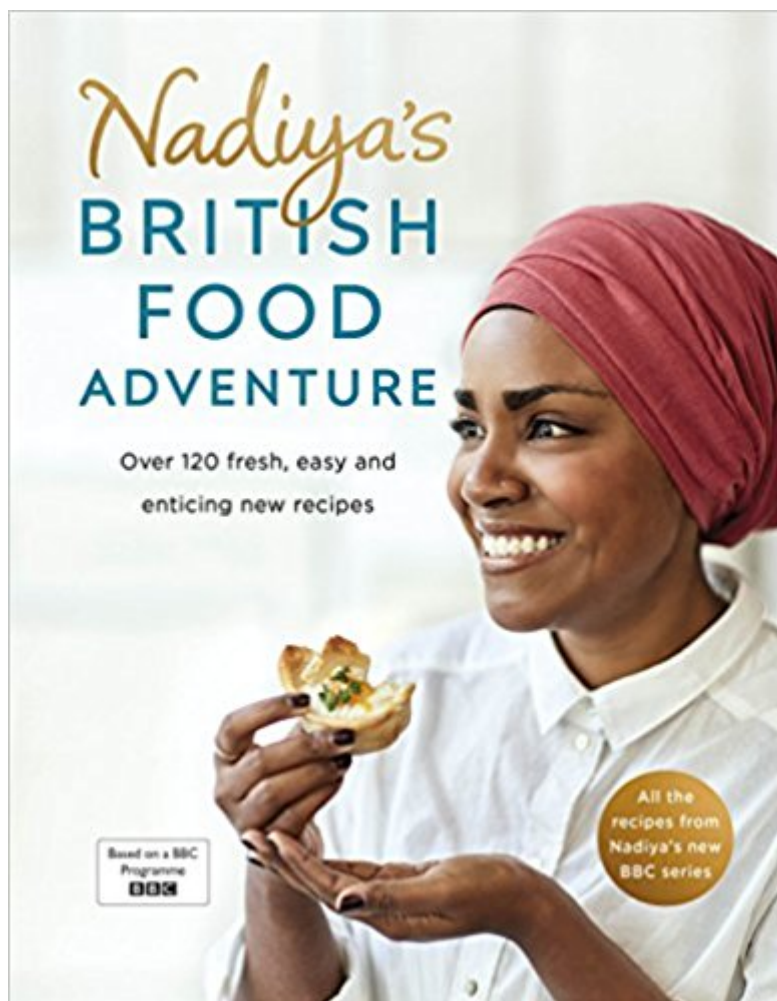


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# Nadiya's British Food Adventure



## Synopsis

Invite Nadiya into your kitchen . . . Now with her own prime-time BBC2 cookery series, Britain's favourite Bake Off winner presents her latest cookbook, featuring mouth-wateringly delicious recipes from the programme . . . This week's trip to the West Country inspires Nadiya to invent her very own Cornish pasty - rich and juicy lamb and mint pasties with a quick apple pickle, in a buttery short crust pastry. Light and crisp, oozingly delicious jam doughnuts. Straight from Nadiya's Bangladeshi roots, a nutty burnt garlic dressing; the perfect compliment for a fresh, summery apple, walnut and coriander salad. And to finish a West Indian tropical hit of fruity, fragrant pink peppercorn pineapple jam to top sweet scones and coconut cream. The ultimate exotic treat. \_\_\_\_\_ 'The best kind of cookbook . . . you can read it like a novel' The Times Nadiya Hussain was crowned the nation's winner of 2015's Great British Bake Off. Famed for her talent and adventurous flavour choices, she sets off on a journey around the country to meet some of the finest growers, producers and pioneers behind the best of modern British food. Inspired by her exploration, Nadiya has created over 120 easy and enticing new recipes that mix the local ingredients she encounters with her very favourite flavours, not forgetting a nod to her Bangladeshi roots. Her reinvented classics capture the diversity of twenty-first century Britain - of tastes and culinary influences that shape what we love to cook and eat today. Lavishly photographed, Nadiya's must-try recipes have got you covered from breakfast to mid-week meals to something a little bit special, and of course puddings and parties too. Here's a little flavour . . . Cheese Scones with Chive Butter Smoked Haddock Rarebit - fancy cheese on toast Sumptuously jazzy Eton Mess Cheesecake, decorated with meringue kisses Ploughman's Cheese and tangy Pickle Tart Delicate Crab Summer Rolls Indulgent Chocolate & Salted Peanut Tart with a secret crispy ingredient Herby Chicken and Potato Salad Motivated by her love of family and food, flavour and fun, this is Nadiya cooking in the way she knows best - inspiring the rest of us to do the same.

## Book Information

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## Customer Reviews

Invite Nadiya into your kitchen . . . Now with her own prime-time BBC2 cookery series, Britain's favourite Bake Off winner presents her latest cookbook, featuring mouth-wateringly delicious recipes from the programme . . . This week's trip to the West Country inspires Nadiya to invent her very own Cornish pasty - rich and juicy lamb and mint pasties with a quick apple pickle, in a buttery short crust pastry. Light and crisp, oozingly delicious jam doughnuts. Straight from Nadiya's Bangladeshi roots, a nutty burnt garlic dressing; the perfect compliment for a fresh summery apple, walnut and coriander salad. And to finish a West Indian tropical hit of fruity, fragrant pink peppercorn pineapple jam to top sweet scones and coconut cream; an exotic treat. Lavishly photographed, Nadiya's must-try recipes have got you covered from breakfast to mid-week meals to something a little bit special, and of course puddings and parties too. \* from the publisher's description \* She baked her way into our hearts and hasn't stopped since . . . The cookbook charts her love affair with British food \* Prima \* Nadiya's British Food Adventure - now infamous for its crispy chocolate and peanut tart, masala egg bread and fish pie with cinnamon sweet potato \* The Sunday Times \* The best kind of cookbook . . . you can read it like a novel \* The Times \*

Nearly 15 million people tuned in to see Nadiya win 2015's Great British Bake Off, and she has gone on to capture the heart of the nation. A columnist for The Times, Nadiya is also a regular reporter for The One Show, a guest panellist on Loose Women, and presented BBC1's The Chronicles of Nadiya which aired to rave reviews in 2016. Nadiya's own eight-part BBC2 series, Nadiya's British Food Adventure, will start in July, while later in the year she will be co-hosting the new BBC2 show The Big Family Cooking Showdown. Born in Luton to British Bangladeshi parents, she now lives in Milton Keynes with her husband, Abdal, and her three children. Her first cookbook, Nadiya's Kitchen, was published in 2016. She has also authored a children's cookbook and a novel, and famously baked the Queen's 90th birthday cake.

INTERESTING TWISTS TO RECIPES AND AN EXCELLENT CHICKEN TIKKA MASAL WITH TOMATO SOUP AS A SURPRISE INGREDIENT.

I received a sampler from NetGalley for a unbiased and voluntary review and from what I received, this book is worthy of buying. Nadiya brings heart and soul to her cookbook. She tells a story, peppered with amazing and colorful pictures, of her journey and discovery of foods outside of the food of her childhood. She brought me along with her as she talked about growing up with her native foods of "curry and pink custard and the switch between hands and cutlery." About food and the kitchen being the center of family togetherness. The couple of recipes I was able to see in the sampler I received looked delicious and I definitely would try making them. I wished I had more of the book to read and review, but this is definitely a cookbook worth buying and trying.

I only received a preview of this book from the Publishers but after reading that I have asked my husband to get me the full book for Christmas and I can't wait to get started on the recipes!! The book is bright, brilliantly laid out and the recipes are easy to follow and the images used are mouthwatering - 5 stars and the cheese scones recipe is to die for - yummy!!!

Looking forward to trying out Eton Mess Cheesecake and other recipes.

Real simple recipes. I Love any food that's curried. The Eton Mess Cheesecake also looks good.

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